



MENTAL BATH

B...BOOKING Working on a solid booking of something..on the go...collection preview, skin care class or trunk show each day.

A..FFIRMATIONS Put them on CD and listen to them over and over again every day

T...APES, CDs, continuing education from Mary Kay and great sermons and books on tape. Listen while you are dressing, in the car, any wait time...It is Mary Kay College in the car.

H...ELLO! Stay connected to Intellerverse and your directors hot news gaining new information from Top directors and NSDs across the nation.

I truly believe and have experienced that your success in Mary Kay is in direct proportion to our willingness and discipline to grow personally and spiritually. This Mental Bath is changing women's lives!! Try it!!